

“Miracle Plant” Helps Diabetes VANISH

No dangerous side effects!

There’s one thing we will never have to worry about Big Pharma doing: Curing diabetes.

Because the longer folks have to treat this life-changing disease, the longer they can line their pockets with insurance payments... government funds... and your hard-earned cash.

And that’s why they keep pumping out drugs that just don’t fully get the job done.

But I’ve had enough of these greed-driven half-measures... and if you or someone you love has diabetes... I’m sure you have too.

Luckily Mother Nature has once again provided where conventional medicine continues to fail us.

You see, **there’s a way to help your diabetes VANISH...**

And it’s all thanks to a certain “miracle plant.”

I’ll fill you in on how this all-natural secret beats blood sugar issues... and where to find it.

First, let’s talk about how mainstream diabetes drugs can do more harm than good...

Not-So-Safe Diabetes Drugs

It’s no secret that diabetes drugs come with some serious side effects.

Even some drugs—like metformin –considered the safest can cause uncomfortable conditions like shortness of breath, difficulty urinating, and even a racing heartbeat.¹

But if you’re newly diagnosed with blood sugar issues, metformin is probably the least of your worries.

Because there’s a new class of diabetes drugs—called **glucagon-like peptide 1 (GLP-1) antagonists**—that the mainstream is prescribing left and right, despite their serious side effects.

These drugs work by mimicking a hormone called **glucagon-like peptide 1**, which stimulates the body to produce more insulin when blood sugar levels rise, helping to stop the progression of the disease.



Diabetes drugs like GLP-1 medications can add to the already astronomical sales projection of \$118 billion for 2023.



Many folks who use **GLP-1 drugs** often complain of **nausea, vomiting, stomach pain, fatigue, & diarrhea.**



Additionally, the mainstream reports that these drugs work for weight loss and diabetes because they help slow down the digestive process in the stomach and delay the movement of food to the small intestine.²

But these benefits don't come without **SERIOUS** risks.

Many folks who use GLP-1 drugs often complain of nausea, vomiting, stomach pain, fatigue, and diarrhea.

Even worse? **These drugs also come with a black box warning for early-stage thyroid cancer.**³

But there's even more bad news...

They have become so popular that they are often out of stock. This results in patients relying on compounding pharmacies to make these drugs, which can lead to serious issues.

Compounding pharmacies are permitted to make drugs only when there is a shortage, just like we are experiencing right now with GLP-1 drugs.

In theory, this is a good idea. This means pharmacists can combine ingredients to make medications in times of need.

But in practice, this doesn't always work out.

According to the FDA, some compounded formulations use the salt versions of the GLP-1 drug semaglutide—semaglutide sodium and semaglutide acetate—which are not approved for use and could potentially lead to side effects.

In fact, the FDA reports that there have been adverse reactions to some of these versions, but they did not specify what they were.⁴

I don't know about you, but I never want to take a drug that could give me **CANCER**... or some unknown side effects, no matter what they promise to do to my blood sugar.

But Big Pharma will **NEVER** stop putting out these drugs.

Why? **Because they can cost over \$1000 for a month's supply.**

And drugs like these can add to their already astronomical sales projection of \$118 billion for 2023.⁵

Luckily, you don't have to fork over your hard-earn cash... or put your health at risk... to see real results.

“Miracle Plant” Makes Diabetes Vanish

Jiaogulan also known as the “miracle plant” is a climbing vine from the cucumber family. It's indigenous to Asia and has been used as medicine for eons.

The leaves of this blood sugar-busting plant can be brewed into tea, or the leaves can be taken as a supplement.

But any way you take Jiaogulan, you're doing your blood sugar a **HUGE** favor.

In a clinical trial, patients with type 2 diabetes who were unmedicated were given either a placebo or jiaogulan tea.



*The **jiaogulan** group's results were **TEN TIMES more powerful** than the placebo group.*



At the end of the trial, the results showed that folks in the jiaogulan group saw their fasting blood sugar drop **an average of 2.4 mmol/L**.

However, the placebo group saw an average drop of only 0.2 mmol/L.⁶

The jiaogulan group's results were TEN TIMES more powerful than the placebo group.

Just imagine what this kind of result could mean for your future!

And there's more good news...

In another 12-week clinical trial, unmedicated diabetics were given either a jiaogulan supplement or a placebo. Both groups had their fasting blood sugar and glycosylated hemoglobin (A1C) measured before and after treatment. And the results were amazing!

The jiaogulan group saw an average of 3 mmol/L decrease in fasting blood sugar, compared to a decrease of only 0.6 mmol/L in the placebo group.

Even better?

HbA1C dropped by 2 percent in the jiaogulan group. And only 0.2 percent in the placebo group.

Again, the **jiaogulan performed TEN TIMES BETTER than placebo.**

But there's more good news from this study...

Jiaogulan also decreased the participant's Homeostasis Model Assessment-Insulin Resistance (HOMA-IR)—a driving cause of diabetes—by 2.1 points.

And the placebo group? They saw an increase of 1.1 points.⁷

Finally, a third clinical trial showed that folks taking jiaogulan with the medication gliclazide saw similar improvements in A1C and fasting blood sugar as when gliclazide is combined with metformin but **WITHOUT** any side effects!⁸

Jiaogulan MELTS Fat

Another way jiaogulan helps fight diabetes is by promoting weight loss.

In a study of 117 people, jiaogulan extract helped folks significantly reduce body weight, BMI, and total fat.

Even better? It helped some participants lose a significant amount of visceral fat—the kind that surrounds vital organs and can lead to chronic disease.¹⁰

WOW! All the results with HALF the medication... and NONE of the side effects.

Sign me up!

Jiaogulan Flips on Your AMPK

Jiaogulan works by activating your natural AMPK.

AMPK is an enzyme that helps boost your ability to ABSORB sugar from your blood and put it to work, fueling your body.

People with diabetes can have issues with their AMPK and sometimes need to re-activate it, which is precisely what jiaogulan does.

Additionally, animal studies of the plant have shown that it can also **increase insulin concentration** and **improve sugar metabolism**, helping regulate blood sugar levels and tame the effects of diabetes.⁹


Sink Your Blood Sugar TODAY!

But you can order jiaogulan supplements from [iHerb.com](https://www.iHerb.com) for about \$9.

That's a heck of a lot cheaper than any GLP-1 drug on the market.

Even better? Taking jiaogulan won't leave you sick, miserable, or at risk of an even deadlier disease.

As always, talk to your doctor about starting a new supplement and for dosage instructions.

And if you're already on diabetic medication, ask them how jiaogulan might benefit your blood sugar further. 



Jiaogulan, also known as the “miracle plant” is a climbing vine that belongs to the cucumber family.



Jiaogulan leaves can be made into a delicious cup of tea.



***Jiaogulan decreased**
the participant's **Homeostasis**
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diabetes—**by 2.1 points!***



REVEALED: The Hidden Parkinson's Trigger in Your Backyard

Discover what common chemicals could be wrecking your brain!

If there's one disease that has the mainstream totally stumped, it's Parkinson's.

Science has long understood that factors like genetics, diet, and exercise all play a role in the development of this life-changing disease.

But even in this new era of medical breakthroughs, there is no clear determinate when it comes to who gets Parkinson's... and who doesn't.

Until now...

New research shows there's an old issue that could be the trigger for Parkinson's.

In fact, there's already lots of research showing that this chemical culprit could be the driving force behind America's growing Parkinson's population... and it could be hiding in your own backyard.

But this latest study could help pinpoint exactly what to avoid if you care about your brain health.

Here's everything you NEED to know to stay safe.

Paraquat Triggering Parkinson's?

It's no secret that pesticides are bad for your health.

In the decades since they were invented, studies have shown these chemicals can be linked to leukemia, lymphoma, and other forms of cancer. As well as reproductive issues like birth defects and sterility.¹

And Parkinson's may just be at the top of that list.

A 2014 review shows that at least five studies have linked increased Parkinson's risk to **paraquat**—an herbicide used primarily for grass and weed control.²

Further research found that folks who have handled this chemical are 2.5 times more likely to develop the neurological disease than folks who haven't.³

Paraquat is thought to kickstart Parkinson's progression because it creates oxidative stress in the brain—a key driver behind the type of brain damage that causes Parkinson's symptoms like tremors, rigidity, and confusion.

The evidence linking the pesticide to the disease is so strong that there are several class-action lawsuits against paraquat makers by folks whose exposure to the chemical is the suspected cause of their Parkinson's.

But this isn't the only popular pesticide linked to the disease...



A 2014 review shows that at least five studies have linked increased Parkinson's risk to paraquat—an herbicide used primarily for grass and weed control.

Rotenone Linked to Parkinson's

Rotenone is a pesticide used to kill fish that are perceived as pests in lakes and reservoirs.⁴

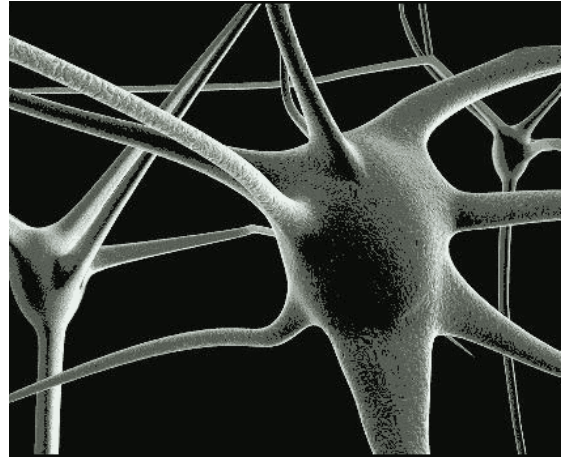
But this is the last thing anyone wants in their water.

This chemical is also linked to Parkinson's onset with a 2.5-fold increase for anyone handling it.⁵

Like paraquat, rotenone can also impact the oxidative stress levels in your brain. But it also can lower your levels of dopamine—a neurotransmitter that helps your brain cells talk to each other.

Additionally, research suggests that rotenone can cause mitochondrial damage, leading to Parkinson's.

Now we know there are more chemicals to worry about...



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The Big Ten for Parkinson's Onset

For the new study, researchers analyzed the health data of nearly 1,700 participants, looking for a link between their individual pesticide exposure over time and Parkinson's outcomes.

The scientists included 722 pesticides in their analysis, all used in California over the past 40 years.

And the results were UNBELIEVABLE!

The data showed that folks who developed Parkinson's were more likely to live or work near an agricultural area. This location would indicate they had a higher level of exposure to pesticides.

The research team focused on 53 pesticides that seemed to be linked to the disease and were also 2-3 times more likely to contaminate groundwater.

Next, the scientists tested 39 pesticides on the brain cells of Parkinson's patients.

At the end, they found that ten of these chemicals caused significant brain cell death, including:

- ▶ Diquat,
- ▶ Endothall,
- ▶ Trifluralin
- ▶ Copper sulfate,



*Research suggests that **rotenone** can also **cause mitochondrial damage, which can lead to Parkinson's.***



- ▶ Folpet,
- ▶ Dicofol,
- ▶ Endosulfan,
- ▶ Naled,
- ▶ And propargite.

And here's the real bad news...

Eight of these chemicals are still approved for use by the US Environmental Protection Agency (EPA).⁶

This means living or working near agricultural areas can increase your risk of developing Parkinson's...

But the EPA won't do a THING to stop it!

Just imagine moving to the countryside to enjoy some peace and quiet... but ending up with dangerous chemicals in your own backyard!

Yikes!

While it may not surprise you that the government won't protect your health, it doesn't mean you have to be a sitting duck for this devastating disease.

There are simple ways to protect you and your family.

15-Minute Trick WIPES OUT Pesticides

If you live in the city, you may think you've got nothing to worry about.

But that's simply not true... living away from agricultural areas won't necessarily keep you safe from these chemicals.

The modern food supply relies heavily on these chemicals to farm the fruits and vegetables at your local grocery store, meaning the foods you eat could be contaminated.

The best way to avoid pesticides in your food, is to buy **organic foods**, which are farmed without pesticides.

However, they can be pricey due to the extra labor involved in producing them without chemicals.


Luckily, there is a way to enjoy conventionally grown produce without pesticides.

A 2017 study shows that soaking apples in a baking soda and water solution for 15 minutes completely removed the pesticides from the fruit!⁷

It's that simple, folks!

One easy soak and you can save yourself money... and your health at the same time!

The College of Naturopathic Medicine recommends using 1 tsp of baking soda to 2 cups of water.

If you suspect you've been exposed to any pesticide that could cause Parkinson's, NOW is the time to talk to your doctor about testing. 



The best way to avoid pesticides in your food, is to buy organic foods, which are farmed without pesticides.

Do Multivitamins REALLY Work?

The answer may surprise you!

There's really only one supplement you'll hear just about every mainstream doctor recommend:
The multivitamin.

Since the introduction of the first One-A-Day multivitamin in 1943, bottles of these humble pills have been gracing kitchen counters... medicine cabinets... and travel bags.¹

But even though multivitamins are an everyday item in most American homes, my patients continue to ask me, "Do these really work?"

And the answer is complicated... and not always the same for every patient.

That's why I'm going to share with you everything you NEED to know about the health benefits of multivitamins.

Here are all the details...

Who Should Take Multivitamins?

Like I said, the answer here is complicated.

If you're a healthy person who eats a diet rich in organic produce, pasture-raised meats, and wild-caught seafood, you're probably wasting your money on a multivitamin.

But if you're like most of us and eating the best you can... have one or two chronic conditions... and want to optimize your health... you probably need a multivitamin.

As we age, it gets hard to absorb certain nutrients from our food.

And to make things worse, aging can also impact your appetite, reducing your food intake and lowering the amounts of vitamins and minerals in your diet.

Plus, there are medications to consider.

Some popular meds can cause vitamin depletion.

For example, metformin can impact your vitamin B-12 levels... certain heartburn drugs can lower your levels of magnesium... and some steroids can sink your potassium levels.²

So, when you combine the factors of aging and medication, it can seem like multivitamins are a good choice for most seniors taking certain medications.

But there are other benefits to taking these multi-tasking supplements besides just replenishing nutrients... especially for your brain.

Make Your Brain 3 Years Younger?!

In a recent new study, researchers from Columbia University, Brigham and Women's Hospital, and Harvard Univer-



Metformin can impact your vitamin B-12 levels.

sity split a group of 3,562 seniors in half. One group to a daily multivitamin (Centrum Silver), and the other took a placebo for three years.

All participants underwent memory and cognitive tests annually to track changes in their memory. And it only took ONE YEAR for the participants to see REAL RESULTS.

As it turns out, taking a daily multivitamin—for just ONE year—can REVERSE the clock on your memory by 3.1 years!³

What could getting three years of brainpower mean for you and your family?

You could spend more of your golden years learning... and living out your dreams! And there is more good brain news...



As we age it gets hard to absorb certain nutrients from our food. A multivitamin can help replenish some of these nutrients.

Lower Cognitive Decline by 60 Percent

Wake Forest University School of Medicine researchers recently discovered that multivitamins can lower your cognitive decline risk.

For the study, researchers gave 2,200 seniors either a multivitamin for three years.

The participants underwent cognitive and memory assessments annually during the research.

At the end, the results showed that the multivitamin group saw a 60 percent slowing of cognitive decline!

Even better? The benefits were even more substantial in folks suffering from heart disease.

This is GREAT NEWS because having heart disease can put you at greater risk for cognitive impairment and decline.⁴

But multivitamins aren't just good for your brain...

Multivitamins Help Fight Cancer, Heart Disease, and Cataracts!

Multivitamins have even more to offer.

Check out what a few other studies have found...

A 2015 study of women shows that taking a multivitamin for more than three years experienced a lower risk of dying from heart disease.⁷

A review of five randomized controlled trials showed a 31 percent lower risk of cancer in men using multivitamins.⁸

And some research shows that taking a daily vitamin can also reduce your risk of developing cataracts.⁹

Boost Your Immune Function

A strong immune system is critical for healthy aging... because you're more susceptible to colds, viruses, and even chronic conditions without one.

And multivitamins can help you here, too!

A 2020 study showed that seniors taking a multivitamin were able to increase their levels of vitamin C and zinc—two key nutrients for a healthy immune system.⁵

Wow! Just imagine how this little pill could help you have your best cold and flu season yet!



Taking a multivitamin can help you feel more energized, so you can get out and enjoy life!

Send Your Energy Levels SOARING

Low vitamin levels can really zap your energy.

But taking a one-a-day vitamin can help put the pep back in your step!

A 2016 study found that study, taking a daily multivitamin for just ONE MONTH participants experienced less stress and mental tiredness.

Even better? It also helped them feel less tired and more energized after exercise.⁶


Making Sure a Multi is Right for You

If you're already taking a multivitamin, now is a good time to check in with your doctor to ensure you're using the right type.

Some multivitamins have different formulations—like those with extra iron—that aren't right for everyone.

Additionally, ask them to run labs checking your vitamin and mineral levels.

If you're low in certain nutrients—like vitamin D—a multivitamin may not provide the right level of nutrition to replenish your levels.

In cases like this, your doc may suggest adding an additional supplement to your multivitamin. 

“ A 2020 study showed that seniors taking a multivitamin were able to increase their levels of vitamin C & zinc—two key nutrients for a healthy immune system. ”

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REVEALED: The Hidden Parkinson’s Trigger in Your Backyard Discover what common chemicals could be wrecking your brain!

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