

Native Fruit DESTROYS Chemo-Resistant Cancer

But You Won't Hear About It from Your Mainstream Doc

If you called an exterminator about a spider problem and he showed up with a nuclear bomb, you'd probably tell him to get lost.

But when you have cancer... and your mainstream doc suggests chemotherapy... he's basically using the same approach.

You see, chemo doesn't just attack cancer cells...

Just like a nuke, chemo DESTROYS everything in its path, including the healthy cells your body needs to function.

This is one of the main reasons chemo makes you weak... exhausted... and nauseous.¹

And the worst part of undergoing this barbaric treatment? It doesn't always work!

Luckily, you may never have to be the mainstream's next victim.

Groundbreaking research shows a native fruit in the U.S. that can help KILL cancer cells WITHOUT wrecking your healthy cells.

Plus, it can even DESTROY chemo-resistant cancer, too.

The only problem? Your mainstream doc has never heard of it.

Pawpaw Fruit SHUTS DOWN Cancer Cells

If you live on the East Coast, you've probably heard of the **pawpaw** fruit before.

This sweet, pear-like fruit is native to the part of the country and was once a staple in the diets of Native Americans and settlers alike.

But there's more to this humble fruit than being a snack or dessert ingredient.

Research shows it can also help to SHUT DOWN cancer cells.

Purdue University researchers have found that pawpaw fruit contains unique compounds—called acetogenins—that can



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block the food supply to cancer cells. And without food, the cells can no longer produce energy, forcing them to die.

In other words, it's LIGHTS OUT for cancer cells when exposed to this potent plant.

But unlike chemo, acetogenins are more toxic to cancer cells than healthy cells, meaning they can kill off cancer while leaving normal cells alone.

And further data shows just how powerful pawpaw is.

Beat Chemo-resistant Cancer?!

In one lab study, researchers found that pawpaw extract killed chemo-resistant cancer cells.²

Now, if you've ever had cancer, you already know this is a HUGE breakthrough.

And if you haven't... here's why pawpaw fruit could be a game-changer...

You see, some cancer cells are not only resistant to conventional cancer drugs, but they are also very aggressive. This means they can grow—and spread—quickly.

But with pawpaw, they don't get the chance to.

Drug-resistant cancer cells use more energy than regular cancer cells. This means pawpaw can shut off their power supply quickly, leaving them to die off.

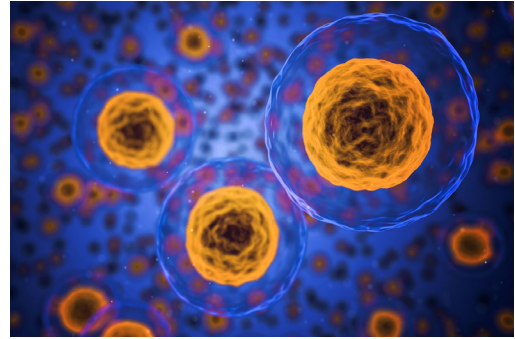
Other research from the University of Mississippi found that pawpaw extract also disrupts mitochondrial function in cancer cells. And since the mitochondria are the powerhouse of the cell, it makes sense that pawpaw would also impact it.³

Animal studies have found that pawpaw extract can also delay the onset of cancer by 20 percent in mice engineered to develop the disease.⁴

These results mean that pawpaw fruit can help DESTROY cancer cells... protect healthy cells... and even slow down the onset of cancer!

It's as if pawpaw is a triple threat to this life-changing disease.

So, what can it do for humans?



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Pawpaw Nix's Lice

The acetogenins found in pawpaw fruit don't just attack cancer; they can kill head lice, too.

Results from one small study found that 16 out of 21 people who used a pawpaw extract shampoo could get rid of head lice and nits fully.

You can find pawpaw lice shampoos via your favorite online retailers.

“Purdue University researchers have found that pawpaw fruit contains unique compounds—called *acetogenins*—that can **block the food supply to cancer cells!”**

Simple Fruit SHRINKS Tumors and Extends Lives

In one study, 94 cancer patients—many of whom were terminal—were given 12.5 mg of pawpaw extract four times daily for 18 months. The patients included those undergoing chemotherapy or radiation during the study, those receiving no treatment, and those who found chemotherapy unsuccessful. This group also had all types of cancers.

At the end of the trial, the scientists found that the pawpaw extract had helped to:

- ▶ Increase longevity,
- ▶ Stabilize or reduce prostate specific antigen (an indicator of prostate cancer),
- ▶ Significantly lower breast cancer tumor antigens,
- ▶ Reduce tumor size in breast, colon, prostate, and skin cancers,
- ▶ And decrease or eliminate cell counts in lymphomas.

And the best part? Pawpaw delivered these outstanding results with “practically non-existent” side effects!

Plus, some patients even experience increased energy!⁵

Where to Get Pawpaw

If you ask your mainstream doctor about pawpaw treatment for cancer, he will probably scratch his head.

That’s because the mainstream has been ignoring this cancer-fighter for nearly 30 years.

And it’s no secret why they don’t want anything to do with this potent plant... they can’t profit from it.

You see, Big Pharma makes more money with patented, toxic cancer treatments than they ever would from something found in nature.

Because of this, research on pawpaw is limited, making it practically unknown to conventional medicine.

But that doesn’t mean you can’t get pawpaw.

The fruits are abundant during the early fall along the East Coast and Southern region of the United States.

Or you can get a pawpaw supplement from your local natural health store.

As always, talk to your doctor before starting a new supplement. 



Pawpaw supplements are available at your local natural health store.

Dr. Kevin's Top Three Secrets for Better Kidney Health

Here's How to Lower Your Risk of Kidney Disease and Kidney Stones

It's estimated that more than one in seven US adults have chronic kidney disease.¹

Think about that for a minute...

This means that at least one member of your card group... golf buddies... or even siblings or cousins could be suffering from this life-changing disease.

Even worse? You could be the next one boarding the merry-go-round of misery that is managing kidney disease.

But you shouldn't have to live in a cycle of medication, doctor appointments, and trips to the dialysis center.

Now, you don't have to.

Today, I will share with you my top three ways to get better kidneys.

In fact, doing these three simple things can help you decrease your risk of developing kidney disease and kidney stones... and even help you live longer.

And all you have to do is indulge in more of your favorite foods!

Kidney Secret #1: Seafood

It's no secret that seafood is good for your brain and your heart.

Now, we know that omega-3 fatty acids in these foods can help beat back kidney disease, too!

For the research, an international group of scientists analyzed the medical records and dietary habits of more than 25,000 participants from 19 studies, looking for the impact of certain foods on kidney disease risk.

At the end, the data showed that **folks who ate higher amounts of seafood experienced an 8 percent lower risk of developing chronic kidney disease (CKD).**²

In fact, those who consumed the most seafood saw a 13 percent lower risk of CKD.

Scientists discovered that three individual **omega-3 polyunsaturated fatty acids (n-3 PUFAs)** from seafood, including eicosapentaenoic acid (EPA), docosahexaenoic acid (DHA), and docosapentaenoic acid (DPA) were responsible for added kidney protection.

These nutrients—found in shellfish, fish, and mollusks—work because they help lower the type of inflammation that causes disease.

However, omega-3s from plant sources, such as alpha-linolenic acid (ALA), were not linked to the same kidney benefits.

“For plant-derived ALA, the finding was not too surprising although still interesting to observe, since ALA generally shows



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At the end, the **data showed** that folks who **ate higher amounts of seafood experienced an 8% lower risk of developing chronic kidney disease!**



weaker effect on metabolic risk factors such as lipid, glucose and inflammatory markers in clinical trials when compared to EPA and DHA,” said a senior researcher Dr. Kwok Leung Ong.³

Other research shows similar results.

For example, another study found that omega-3 supplements made from fish oil outperformed those made from plants in reducing inflammation in dialysis patients when it comes.⁴

This means that getting your omega-3s from seafood instead of plants may be one of the best ways to protect your future from CKD.

And who doesn't want to enjoy more seafood?!

Most seafood contains some n-3 PUFAs, but the highest levels are typically present in wild-caught, cold-water fish, including:

- ▶ Salmon,
- ▶ Anchovies,
- ▶ Herring,
- ▶ Mackerel,
- ▶ Tuna,
- ▶ And sardines.

Other forms of seafood—like shrimp, lobster, scallops, and cod—have lower levels of omega-3s, meaning you'll need to eat more to get the full benefits.⁵

If seafood isn't for you, consider taking an omega-3 supplement.

Just be sure to pick one that is quality-tested and sourced from wild-caught fish or krill. These steps ensure you get a top-quality product with the kidney protection you deserve.

Kidney Secret #2: Fruits and Vegetables

If you've ever had a kidney stone, you already know it's one of the most painful experiences of your life.

In fact, I've had some women tell me passing a kidney stone was WORSE than giving birth naturally.

I don't know about you, but I certainly don't want to deal with this level of pain.

Now, you don't have to.

Research shows that your best bet against this condition—even if you've already had a kidney stone—is to load up on some delicious foods.

In a new study, researchers from the Mayo Clinic examined the dietary choices of nearly 800 adults—over half of whom had previously suffered from kidney stones—looking for a link between the condition and certain types of food.

Of those who had a previous kidney stone, nearly 20 percent developed another kidney stone in the four years of follow-up.

The data also revealed that low dietary intake of calcium and potassium was linked to experiencing another episode.

However, this was not the case for folks who ate foods—like fresh fruits and veggies—rich in the two minerals.

The research shows that “enriching diets with foods high in calcium and potassium may prevent recurrent symptomatic kidney stones.”

Researchers in the study report that low dietary intake of calcium and potassium is a better predictor than low fluid intake of recurring kidney stone formation.

Now, if you’ve got kidney problems, you’re probably well aware that the mainstream has considered fluid intake the gold standard of kidney stone risk assessment for decades.⁶

But this research is showing that diet is just as important. And produce is helpful because plants are a good source of water and antioxidants that can help boost your kidney health.

So, avoiding kidney stones could be as easy as loading up your plate with some of your favorite foods!

Produce rich in potassium and calcium include:

- ▶ Oranges,
- ▶ Potatoes,
- ▶ Spinach,
- ▶ And broccoli.

Be sure to choose organic produce when you can. Pesticides—like ones often used in agriculture—are linked to kidney damage. So, avoiding them is another great step for anyone who wants better kidneys.⁷



Eating more fresh fruits and vegetables can help you fight kidney stones.

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Kidney Secret #3: Vitamin D

Vitamin D deficiency is sweeping the nation, with nearly 42 percent of American adults having this condition.⁸ As you may know, having low levels of vitamin D can seriously impact your heart... immune system... and bones. But that's not the end of the bad news.

Research shows a link between being vitamin D deficient and developing CKD. Experts believe that not having enough of the nutrient can impact inflammation levels in the kidneys, making it difficult for them to function properly.⁹

Even worse? Vitamin D deficiency can lower your chances of having a long, healthy life.

But there are ways to prevent this...


A meta-analysis of 20 studies found that folks with CKD and vitamin D deficiency who were taking a vitamin D supplement had a LOWER risk of dying from any cause than those not taking the vitamin.¹⁰

This means getting more vitamin D could be one of the easiest ways to live longer with CKD.

And here's the best news...

Seafood—like sardines and salmon—are rich in vitamin D and omega-3s!

This means eating more seafood, once again, can help you beat back CKD.

Vitamin D supplements are also available. Talk to your doctor before starting a new supplement. 

Magic Oil ERASES Toenail Fungus And it Rivals Big Pharma Drugs

Take a look down at your feet.

If you see yellow, cracked, flakey nails, chances are you've got toenail fungus.

And you've probably been trying to get rid of it for a long time with no success.

That's because the mainstream has ZERO clue on how to treat this ugly—and dangerous—condition.

They will suggest useless nail polishes... or antifungal drugs that can put you on the fast track to liver disease... or worse, they will want to give you a painful surgery that will permanently remove your nail. (More on this in a bit.)

This sounds like a whole lot of pain and frustration... for NO RELIEF... to me.

But that's the case for most mainstream treatments, right?

Luckily, you don't have to suffer through these barbaric treatments... or be embarrassed of your feet... any longer.

Because new research shows that an all-natural “magic” oil can help you ERASE ugly toenail fungus once and for all.

In fact, it even rivals a specific Big Pharma drug.

First, let's talk about what causes this common condition.

What is Toenail Fungus?

Toenail fungal infection—also known as onychomycosis—occurs when fungi get between your toenail and your toenail bed and start to grow. They can enter this space through a crack in your nail or a cut.

Some folks are more prone to these fungal infections, including diabetics, those with weakened immune systems, and people with poor circulation.

Ninety percent of these infections are caused by a type of mold called dermatophytes. This organism feeds on keratin, a protein that naturally occurs in your nails and makes them hard.

Your nails are an endless supply of this protein, making it difficult to eliminate the infections once it's taken root.¹

It's not uncommon for me to talk to a patient who's been battling this condition for five...ten... or even fifteen years without any relief.

And that's no way to live!

These infections can be painful and embarrassing. But the mainstream treatments can be even worse...

The Dangers of Mainstream Toenail Fungus Treatments

Like I said before, the mainstream has little to offer for anyone suffering from toenail fungus infections.

Topical polishes and creams are often ineffective because they can't get through the nail to reach the nail bed—the root cause of the infections. And even if they do make it to the nail bed, it's not a sure thing that they will work on well-established infections.²

This means these drugs are a waste of time and money for most folks!

And oral medications aren't any better.

In 2001, the FDA issued a warning about two common antifungal drugs- itraconazole and terbinafine hydrochloride- used to treat toenail fungus.

The agency reported that these drugs have been associated with serious liver problems. And that itraconazole should not be prescribed to folks with congestive heart failure.³

But guess what?

Both of these drugs are still on the market... and are still being prescribed for toenail fungus EVERY DAY.

And here's the worst part... they don't always work!



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*Research shows that **terbinafine** only works for 36% of people who use it!*



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If you ask me, this seems like a lot of risk for little reward.

If you have no luck with multiple antifungal drugs, your doctor may suggest toenail removal.

This painful surgery is meant to remove the nail to treat the nail bed. This works sometimes... and sometimes it doesn't.

When it's not effective, sometimes the nail is removed permanently. OUCH!

It's a lot of pain for uncertain results.

But you don't have to be the mainstream's next victim...

Magic Oil RIVALS Mainstream Drug

You may have heard of tea tree oil before it.

It's been used for eons in natural health to help with fungal skin and scalp infections like ringworm and athlete's foot.

Now, we know it can help with toenail fungus, too!

One lab study found that tea tree oil was able to stop the growth of *Trichophyton rubrum*, fungi that can cause nail infections and athlete's foot, in just 14 days.⁵

Another study showed that cream that contained tea tree oil and other ingredients helped patients manage their nail infections.

In fact, at 16 weeks of treatment, 80 percent of participants cream ERASED their toenail fungus completely... with ZERO relapses.⁶

This is a HUGE DEAL for anyone fighting a nail infection. Relapse infections are common and often even more difficult to treat each time they return.

So, not having to worry about a relapse could mean TOTAL FREEDOM from nail infections.

Finally, a double-blind, randomized control trial of 117 patients found that folks using pure tea tree oil topically twice a day was equally as effective as the antifungal clotrimazole in treating toenail infections.⁷

Can you believe it?!



In 2001, the FDA issued a warning about two common antifungal drugs—itraconazole and terbinafine hydrochloride—used to treat toenail fungus.



One lab study found that tea tree oil was able to stop the growth of Trichophyton rubrum, fungi that can cause nail infections & athlete's foot, in just 14 days!



Real results... without all the side effects!

Once again, Mother Nature delivers where Big Pharma can't.

Where to Get Tea Tree Oil

You can get tea tree oil products at your local natural health store or through an online retailer.

I like to use tea tree oil soap daily to wash my feet to help fight any fungi growing on my skin.

You can follow this step by applying a topical tea tree oil. Look for a product designed for nail use, like [this one](#). Using pure tea tree oil can irritate your skin.

As always, talk to your doctor before starting a new treatment. 

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